In the Matter Of:

2019 ACA HEARING

MARYLAND INSURANCE ADMINISTRATION September 17, 2018



1	BEFORE THE
2	MARYLAND INSURANCE ADMINISTRATION
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4	2019 ACA PROPOSED HEALTH INSURANCE PREMIUM RATES HEARING
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7	MONDAY, SEPTEMBER 17, 2018
8	10:00 a.m.
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11	MARYLAND INSURANCE ADMINISTRATION
12	200 ST. PAUL PLACE
13	24TH FLOOR
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1	ON BEHALF OF THE MARYLAND INSURANCE ADMINISTRATION:
2	Al Redmer, Jr., Maryland Insurance Commissioner
3	Todd Switzer, Chief Actuary
4	Van Dorsey, Esquire, Attorney General's Office
5	Catherine Grason, Chief of Staff
6	Robert Morrow, Associate Commissioner, Life &
7	Health
8	Brad Boba, Senior Actuary
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1	PROCEEDINGS
2	COMMISSIONER REDMER: Good morning. My
3	name is Al Redmer, the Maryland Insurance
4	Administration, and I just want to take a couple
5	minutes to introduce the folks with me this morning.
6	To my right is Bob Morrow, the Associate Commissioner
7	of Life and Health. Van Dorsey is our principal
8	counsel from the AG's office. To my left is Cathy
9	Grason, our Chief of Staff, Todd Switzer, our chief
10	actuary, and Brad Broban, a senior actuarial analyst.
11	Welcome to our second public hearing for
12	the Affordable Care Act rates effective 2019. For
13	those of that are on the phone, if you would please
14	mute your phone unless you are going to speak.
15	I want to first thank all of you for being
16	here and thank you for your continued interest and
17	advocacy for providing affordable health insurance for
18	the citizens of Maryland. We're here today as a
19	result of the hard work of many people, including many
20	of you here today, including consumers, consumer
21	advocates, and the carriers.
22	As you know, our collective calls for

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action had been heard by the governor and the members		
of the legislature, and together, they worked in a		
bipartisan way to provide a meaningful albeit short		
term solution to the rising cost of health insurance.		
The leadership in Annapolis provided		
authority for the Health Benefit Exchange to apply for		
a 1332 waiver and the resources needed to establish a		
reinsurance plan for the individual market.		
I'd like to pause and to thank and		
congratulate the teams from the Maryland Insurance		
Administration and the Health Benefit Exchange that		
worked on both of these initiatives beginning even		
before the legislation was passed. These two teams		
worked collaboratively with the federal government to		

15 prepare the waiver application and to discuss the 16 guidelines to create a successful reinsurance plan.

17 Once the plan was submitted, they worked tirelessly to handle questions from CMS and shepherd 18 19 it through the process. As the process worked -- I'm 20 sorry, as the application worked its way through the 21 process, they were preparing for the reinsurance plan 22 itself, including seeking consensus on many difficult

1	issues. And more importantly, as always, they adhere
2	to our objective to conducting business in a process
3	that was open, transparent, and collaborative.
4	I was also impressed by the hard work,
5	commitment, and focus displayed by Secretary Bobby
6	Neall as well as the rest of the Health Benefit
7	Exchange board of directors.
8	Also, I want to thank our federal partners
9	at CMS. We knew last spring that for this to work, we
10	could only get here by hitting very tight deadlines,
11	and the folks at CMS worked incredibly hard on behalf
12	of the citizens of Maryland, and we appreciate it.
13	The last few years have been difficult for
14	many citizens in Maryland that buy their own
15	individual health insurance, and they'd been forced to
16	carry a heavy burden all because they wanted to do the
17	right thing - provide protection for themselves and
18	their loved ones. And thankfully, because of our
19	collective efforts, we hope that our work will at
20	least stabilize the market and provide at least a
21	little bit of short term relief.
22	So with that, let's begin the hearing and

1	discuss the modified rate requests that are currently
2	before us, and I will reintroduce our chief actuary,
3	Todd Switzer.

4

MR. SWITZER: Thank you, Commissioner.

5 Good morning. I believe the total count of 6 public comments was 35 or above. And one that came in recently went along the following line. From the 7 8 first sentence, you could see how distraught the 9 person was, understandably. And at the -- the last 10 sentence was "If there's any way to get increases to 11 positive 5 percent, please do that, if there's any 12 way."

13 And at the risk of being redundant, thanks 14 to the collective efforts of everyone in this room to 15 the Exchange; to the insurers; the press that lets it 16 be known hey, we have a problem here; the legislators; 17 Delegates Andy Melnyk, Szeliga, West, Cullison, many 18 others; the leadership and advocacy of Commissioner 19 Redmer over at least a year; the governor's office; 20 the insurers who are in a difficult position. I don't 21 want to forget anyone. The public who is very helpful 2.2 in putting a tangible face on the problem.

1	Thanks to that, I'm really happy to be able
2	to say to this gentlemen we can do better than +5.
3	He's in an HMO this year, and not some nominal 2
4	percent. Something that could really be meaningful, a
5	decrease. And it's really nice again, this room and
6	beyond, to be in that position, and there's a thanks
7	to everyone here.
8	To put numbers to that, as you know, we
9	started this whole process in May, May 1st, with a
10	file renewal of 30 percent before the 1332. Where we
11	stand today, and we don't quite have finalization yet,
12	but in the individual nonMedigap market, what's in
13	Surf as of Friday is a -14 percent, and we'll go
14	through some of the details. That's a 44-point swing.
15	In taking a look at other states to see how
16	we might compare, particularly reinsurance states, it
17	may be the lowest in the country, and I'll speak to a
18	little more that coming up.
19	I'd like to thank we asked for
20	independent review from Lewis & Ellis, a team of seven
21	actuaries, and I'd like to thank them. They're on the
22	phone: David Dillon, Josh Hammerquist, Kevin

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1	Ruggeberg, Mark Vabolio (phonetic), some others. But
2	a team that was very helpful, very interested in
3	beyond the numbers, you know, how this affects people.
4	From there, I'm going to work from the
5	handout that looks like this, so I hope you have it.
6	MS. GRASON: This is Cathy Grason with the
7	MIA. I quickly just want to remind folks we're
8	hearing some typing and some beeps. And folks, again,
9	make sure they're on mute.
10	And I also, for folks on the phone, we were
11	able to get the slides that Todd is about to use onto
12	or website. So for folks that would like to follow
13	along, the easiest way to get it is to go to the MIA
14	home page, insurance.maryland.gov, and on the right
15	side you'll see a Hot Topics tab. Slide down to the
16	second bullet, which is the announcement of today's
17	hearing, and the exhibit is on that page, about half
18	way down. Thanks.
19	MR. SWITZER: So page 2. The page numbers
20	are in the lower right, landscape corner. You get a
21	little bit of a context. This is the Individual
22	Non-Medigap Market.

1	In Column 4, the Row 7 there, to give you
2	an idea of size. As of March of this year, it's about
3	211,773 212,000 members impacted. Over in column 7
4	again, on May 1, the filed increase was 30 percent.
5	And where we stand today is in Column 21 in Surf, the
6	-13.9 down there in Row 7, and that breaks into -22.3.
7	I'm just walking down Column 21. And anyone please
8	just stop me. I want to be clear if I'm not being
9	clear.
10	-22.3 for the CareFirst HMO, +17.7 for the
11	PPO, -6.3 for Kaiser HMO. I know you see a lot of
12	numbers in the press, more than one. We are Kaiser
13	will speak to this shortly, but we're still working
14	through a couple issues, most prominently the
15	Contribution to Reserve. But we're in a pretty narrow
16	range. That's why you'll see some different numbers.
17	So what that means, a bit to try to get a
18	sense of premium, is that in Column 10, again in Row
19	7, just trying to get an average. I'll leave it if
20	you want to see all the details by carrier. Instead
21	of \$144 increase per month in premium for a Silver,
22	over in Column 23, it's a \$60 decrease. So when you

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1	translate it to premium, I think it's a little more
2	meaningful than the percentages. That's a \$203 swing.
3	That's where we stand currently.
4	Again, in Column 44 I'm sorry, 24, in
5	Row 7, there's the 44-point swing from $+30$ to -13.9 .
6	What we are still discussing as on the
7	HMOs, we're looking more closely, and CareFirst has
8	worked with us at the PPO, the +17.7, the balance
9	dynamics that you may hear about between those two,
10	and I'll leave it at that for the time being.
11	The last thing I'll bring out is in Column
12	25, where we stand in membership today well, as of
13	June 30th. Again, Row 7, it's 192,279, a little over
14	192. So there's been a 9-point drop from March. It's
15	more enrollment than what we thought we'd have at this
16	point in time, but that's what we're trying to grow.
17	We're trying to attract long term people back to the
18	market, to attract a better morbidity to achieve
19	stability. So don't want that to be unclear, that
20	that's the objective.
21	So there's some more details here. Maybe
22	I'll bring out one more. In the bottom of Column 8,

1	we looked at some ratios. I won't go too much, but
2	for the PPO to the CareFirst HMO, it's currently a
3	1.475. It's a 48 percent higher rate. The way rates
4	stand currently in Column 22, it becomes 2.234, and
5	it's more than double the HMO rate. We know a lot of
6	people need CareFirst PPO. People in rural regions,
7	we've heard many times, they go to Morgantown for
8	care. They go to Wilmington, Delaware. They don't
9	want to go to it's far. Go to a metropolitan
10	region. It fills a vital role, so we've had more
11	discussions along those lines.

12 So let me take a quick aside, if I could, 13 on the next page and switch over to Small Group, and 14 ask you, again, on page 3, Column 4, Row 12, gives you 15 a sense of size. And all of these numbers are on and 16 off Exchange. About 265,709 numbers, that's how many 17 people are impacted. Column 11, same row, all the 18 carriers rolled together, what was filed.

As you know, in the Small Group market, uniquely, they renew quarterly throughout the year, and this is an average of all four quarters. Most of them are in the fourth quarter, 7 percent filed. And

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1	where we stand currently in Surf in Column 32, again,
2	Row 12, is a +5.1. So about a 1.9 about 1.9 points
3	lower. But a little bit of story is if you look at
4	Column 44, about half way down the page, the subtotals
5	by insurer, CareFirst, the HMOs, as filed, was real
6	close to what we agreed was needed. The PPO, up top
7	if you want to look, was filed, and a +3.8 was
8	approved,8. What is in Surf,7. So a 4.5 drop
9	when you roll them both together.
10	And I'm back in Column 34, middle of the
11	page. CareFirst came down half a point. Aetna came
12	down 6.5 points. Kaiser came down a tenth of a point.
13	There was a little push and pull with risk adjustment
14	and then the HSCRC announcement brought down their
15	tend a bit as we worked with them. And United came
16	down from 13.075, 5.5 points.
17	So I hope that gives you a little bit of a
18	sense of what happened over the last four months for
19	Small Group.
20	I go back from Small Group on the next page
21	to some of the questions about you may have of why.
22	Why did they change? What's behind this? And you saw

1 this at the last hearing, but I'll just bring out a 2 few things.

3 The top of the page is Individual Non-Medigap. The bottom is Small Group. I believe 4 5 the top assumption there for risk adjustment, you 6 heard there was about 104 million -- I'm in Column 2 -- million dollar difference in risk adjustment. 7 It's a zero sum arrangement between what the carriers 8 9 thought they would pay or get. That's been narrowed significantly. I think that was probably the number 10 11 one -- it was the number one driver.

12 The second, file trend was 8 percent. OCA 13 had some different thoughts, respectfully, on that. 14 We're seeing a little lower trend on that. And last 15 was morbidity -- I'm still in the top three, filed 16 worsening morbidity of 1.406. We were looking at that 17 and came up with a little lower number than that.

For Small Group, number 1 was trend. The file trend was 7.8. We found a little lower number. Morbidity, we had some carriers that, based on the domain we talked about at the last hearing where some of the poorer risks, there seemed to be

1	evidence that they're moving to the Individual Market,
2	the draw the APTCs, leaving behind slightly better
3	morbidity in the Small Group Market. Not true for
4	every legal entity but seemed to be true for some.
5	The third was Risk Adjustment and fourth
6	was I should have mentioned this up above. For
7	Contribution to Reserve with a the margin or the
8	profit, for the Individual Market, the carriers of
9	their own volition lowered the Contribution to
10	Reserve.
11	There was also a dimension of the tax cuts
12	and Job Act creating a favorable tax bracket and some
13	dollars from past alternative minimum taxes that
13 14	
	dollars from past alternative minimum taxes that
14	dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution
14 15	dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution to Reserve. But there was a reduction there, too,
14 15 16	dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution to Reserve. But there was a reduction there, too, that contributed to the Small Group.
14 15 16 17	dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution to Reserve. But there was a reduction there, too, that contributed to the Small Group. So I hope that gives you a little flavor. I mentioned
14 15 16 17 18	<pre>dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution to Reserve. But there was a reduction there, too, that contributed to the Small Group. So I hope that gives you a little flavor. I mentioned the HSCRC, of which assumptions were key, what we</pre>
14 15 16 17 18 19	<pre>dollars from past alternative minimum taxes that affected more of the Small Group area and Contribution to Reserve. But there was a reduction there, too, that contributed to the Small Group. So I hope that gives you a little flavor. I mentioned the HSCRC, of which assumptions were key, what we looked at, where changes were made.</pre>

1	metal. So if it helps anyone to know how metals are
2	changing to when brokers inform their client, tend to
3	give some idea, and I'll just bring up a few things.
4	The top is Individual Non-Medigap and when
5	you see, for example, Kaiser's -6 that's in Surf,
6	there's a range on that, with -3.2 , the -8.2 . For
7	CareFirst HMO and the -22.3 , there's a range of -35
8	for the young adult, catastrophic. Hopefully, that
9	relatively inexpensive plan will reach more people.
10	Up to a -20 for the Silver plans.
11	And I'll leave Small Group to you. Just
12	for example, Aetna has a 3.3 composite for the HMO,
13	but there's a range of 7 , $+16.7$. Give you a little
14	more amplified information.
15	On page 6, please, this is a look at you
16	look at Column 11, top half of the page is members.
17	It's for the whole Individual Market as of March. The
18	bottom is contracts. Just to be clear, but for
19	contracts, a family would be one contract with maybe
20	four members. The members is the one we spent more
21	time communicating.
22	You have a breakdown of where the

1	enrollment is by on and off exchange and by metal.
2	And the reason I'm looking at this is if you would
3	look at Column 11, Row 14, the count that we got from
4	all the carriers and before we added them all up was
5	202,939 members. So just keep that as a reference
6	point.
7	If you look at Column 8 where we circled
8	there the 21,602, those are people that have an APTC.
9	They're on Exchange, and it looks like they bought
10	Bronze. So a lot of them are free Bronze, as we
11	talked about last time. 11 percent of the pool looks
12	like they bought a free Bronze. So we see that as
13	good, and more importantly, a dynamic that will still
14	exist in 2019. So that was 11 percent.
15	The other in Column 8 down towards the
16	Gold and Platinum, looks like another 23,000 and
17	another 700, took their APTC subsidy and brought up to
18	Gold and Platinum. So that's another 12 percent. So
19	add them both together, about 23 percent that took
20	advantage of some of the dynamics of having CSR that
21	was Silver on Exchange rates instead of off. That
22	will exist in the future. And maybe this 1-in-4 could

1	increase and people could find a good financial
2	decision for themselves that maybe not everyone's
3	capitalizing on.

One other point, in Column 8, I put the 4 5 question marks because the catastrophic really 6 shouldn't have any APTC. But you see that Row 6, Those are people, Silver, on Exchange, 7 14.39 Gold? 8 and we'll see in a minute that the rates in 19 will 9 be, I believe it's 17 to 28 percent higher on exchange that don't get a subsidy but are paying 17 to 28 10 11 percent more than they should. So I can't see any 12 reason why they should be there. Someone should call 13 them and let them know that they can get something 14 It's less than 1 percent of the enrollment, better. 15 but some dynamics that we think can be important and 16 helpful.

17 On page 7, I won't ask you certainly to go 18 through this. This is intended to be your one-page 19 rate guide to the Individual Non-Medigap Market in 20 2019. It's got the benefits. It's got the 21 enrollment. It's got the rates as they stand in Surf. 22 But one thing I would like to bring out is

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1	as we're looking at rates, we're trying to balance
2	that with the cost shares that customers have to took
3	on. They both impact them. And in Column 8, where I
4	circled down there in Row 24, the average deductible
5	in 2018 was that 4,072. The parallel number in Column
6	12 for 2019, again circled, is 4,365. So almost a
7	\$300 increase. That's reflected in the rates that the
8	benefits are thinner, but it's a dynamic that's real.
9	We recognize that the average deductible is
10	influenced not just by the portfolio, but by the
11	behavior of the insured. They can choose to buy a
12	richer plan if they want to. It hasn't been a great
13	option in the past but maybe it will be this time with
14	rates changing the way they look to be changing. Some
15	may say I don't want to. I can afford a lower
16	deductible, and this average deductible could change.
17	But we're trying to keep an eye on both dimensions,
18	the cost share and the premium.
19	And, again, there's too many numbers, but I
20	do you can take my word for it. Just bring out
21	that, or example, someone could go from a 5,500 at
22	Kaiser, 5,500 HMO, and 18 Silver/Bronze, to a Silver

1	Kaiser 6,000 I'm sorry, a Silver 2,000 deductible.
2	They can go to a Gold 1,000 deductible and pay only \$8
3	more a month in premium. Those dynamics I hope will
4	be brought out to consumers.
5	And in Column 24 to 26, I shaded some
6	numbers, and it's only to bring out that the average
7	Silver premium on Exchange is \$358. I'm in Column 24,
8	Row 33. Someone could go to a Gold plan with an
9	average premium of 382. That's a 6 percent increase
10	only in premium but their deductible could go from an
11	average of about 4,000 to 1,500. So the Silver on
12	dynamic, again, could be helpful.
13	On the last page, 8, please, couple of
14	points. One, as I mentioned, the On-Exchange rates
15	for Silver versus off are 11 to 28 percent higher.
16	Last year, they were 15 to 20 percent higher.
17	Secondly, what's in Surf, the finalized dampening
18	factor for those of you who were close to this, with
19	the latest assumptions, went from .835 to .80, so that
20	generated a correspondence to another \$4M in overlap.
21	We anticipate that for the 30 percent in
22	the third point, impact of premium from reinsurance,

1	it breaks out at about -29 for the HMO, -40 for the
2	PPO, -28 for Kaiser. And PPO was significantly
3	sicker, as you know, and stands to reason why these
4	relationships are there.
5	On the fourth point, about Neighboring
6	Renewals. So what's in Surf currently again for the
7	Individual Market is the -13.9. We looked at some
8	other reinsurance states and, for example, Oregon
9	approved in their Individual Market a +43. As you
10	know, our reinsurance plan is one of the richest in
11	the country. Alaska, they haven't approved yet but
12	the proposed was a -3.9 . Maine approved a 4 . New
13	Jersey approved a -9.3 . They have an individual, a
14	state-based individual mandate. So the -13.9 again
15	could be among the lowest in the country and we hope
16	it's meaningful to people.
17	On the fifth point, all that we've talked
18	about so far has been concentrated on the non-APTC
19	population. However, about 60 percent of the
20	population has advanced premium tax credit subsidies.
21	That's 82 percent for Kaiser, 47 percent for
22	CareFirst.

1	And want to give a full view that, as you
2	know, when the premiums come down, the APTC subsidies
3	come down also, difference between the ceiling for the
4	indigent. That's why we get federal pass-through
5	dollars. So a consequence of that, and most people
6	are right around 150 percent of federal poverty, or
7	\$18,000 a year for an individual.
8	For the regions where both CareFirst and
9	Kaiser are present, about 85 percent of the
10	population, Kaiser members may see a rate increase.
11	We estimate the current premiums for those members
12	currently at 0 to \$42 a month. So the increase we
13	estimate again an average to be \$2 to \$5, but as a
14	percentage, it could be in the high percentage. So I
15	want to give the full picture. We're still trying to
16	estimate how many members that could affect, that \$2
17	to \$3 more a month in premium. We're estimating
18	currently 29 percent, or 58,000 members. So the
19	that's the full gamut.
20	And lastly, open enrollment begins in about
21	seven weeks, so we are working with everyone to
22	finalize and consider everybody's input. So thanks

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1	for your attention. I hope that gives some idea of
2	what's been happening in the last four months and
3	where we stand today.
4	And with that, Kaiser, Mr. David Liebert.
5	Are you on the line, David?
6	MR. LIEBERT: Yes, I am.
7	MR. SWITZER: Thanks. Has prepared a
8	slide, and I'll turn it over to you, then.
9	MR. LIEBERT: Thank you, Todd. So again,
10	my name is David Liebert. I'm an actuarial manager
11	with Kaiser Foundation Health Plan and I will be
12	talking only about the individual rate filing today.
13	So we originally filed a rate of 37.4
14	percent increase and before reinsurance that reduced
15	to 27 percent due to changes in trend, some
16	adjustments to the risk adjustment program. And we
17	also looked at our base experience. These filings go
18	in so early that we have a lot of data that is not,
19	not fully complete at the time of filing. And since
20	the time of filing, we found that we had overestimated
21	our reserves by about 50 percent, which had an impact
22	on our filings. So overall, that reduced our rate

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1	impact, our rate increase by about 10 percent.
2	So going into the reinsurance program, we
3	had a rate filing of about 27 percent. The rate Surf
4	program itself, it impacted our rates by approximately
5	a -25 percent, and that is worth approximately \$87,
6	\$87.5 per member per month just due to the reinsurance
7	payments. And there's some other factors that add to
8	that.
9	And beyond that, the reinsurance program
10	also, because reducing the premiums, it also reduces
11	the amount of risk adjustment that we pay into the
12	market which has another 8 percent, -8 percent impact
13	on our rates and as has been commonly done before,
14	with these reduced rates, we're hoping that we will
15	see a lower lapse rate on the market. We've already
16	seen just between January and June of this year, we've
17	seen about 5 percent of our members leave, and that's
18	not including a fairly large number that left between
19	December and January. And we're hoping that these
20	reduced rates will help to stem this tide and that
21	will increase our number of member and, hopefully,
22	decrease the morbidity trend, which is seeing the

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1	healthy	members	leave	e and t	the	less	healt	chy memb	bers	5
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3	rates.									

So right now, our filed rates stand at approximately -6.9 percent. And as Todd had shown in his exhibits, that is not consistent across all the rate tiers. It has the biggest impact at the Platinum level and the smallest impact at the Bronze level, but it's a negative rate change for all levels.

So as I mentioned earlier, we do have a --10 11 we've seen a reduction in our number of new members. 12 We started this rate filing with approximately 73,000 13 members, and right now we have 70,000 members as of 14 June. And when we looked at the rate that, the 15 reinsurance program, as I mentioned earlier, we found 16 it had a value of about \$87 per member per month. And 17 this is a new program. We base this impact on data from 2017 and also looking at back in 2016 and before. 18 But being a new program, it's hard to know exactly 19 20 what the impacts will be.

And so we just wanted to look at what the impact would be if the estimates are wrong on this.

1	And we looked at just what would be the estimate?
2	What would be the impact of being overestimating the
3	value of this program by \$12 per member per month.
4	And we found that's the point at which would impact
5	our contribution to reserves by 1 percent. And so
6	it's, again, \$12 per member per month would be about a
7	15 percent reduction and what we would receive through
8	the reinsurance program.
9	That is what I had to present today.
10	MR. SWITZER: Thank you, David.
11	MR. LIEBERT: Thank you.
12	MR. SWITZER: I don't have any questions.
13	Anyone else?
14	MS. GRASON: No questions.
15	MR. MORROW: Mr. Peter Berry, please, from
16	CareFirst.
17	MR. BERRY: I don't have any slides today
18	but I'll just be talking.
19	My name is Peter Berry. I'm chief
20	actuarial for CareFirst. First, I want to thank the
21	Commissioner for this hearing and opportunity for us
22	to come and speak to you all today.

1	As you know, CareFirst has been very
2	committed to the individual market. Been in the ACA
3	since its inception. Even though we've lost millions
4	of dollars through this process, we've reiterated our
5	commitment.
6	A few weeks ago I sat in the same chair and
7	talked to you about the increases that CareFirst had
8	filed for the pre-1332, and you might remember those
9	increases were 94.1 percent for PPO and 18.5 percents
10	for the HMO, and we talked a lot about the 94 percent
11	and our concern over numbers so high and the
12	sustainability of that.
13	We would like to congratulate the
14	Commissioner, the Exchange, the legislature in the
15	approval of 1332. For those of you who are not close
16	to, it is an incredible accomplishment given the time
17	frame that we had to work with and they had to work
18	with in order to get that pushed through. And yet,
19	that approval is going to make an enormous amount of
20	difference. I'm going to talk to you about some
21	increases that we're ending up now afterwards.
22	Just as at the table, like I said, we were

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1	at 94 and 18.5. We worked with the MIA and with their
2	consultant, Lewis & Ellis, through those, through the
3	back-and-forth. Where we ended on the pre-1332 was a
4	67 for PPO. So that came down a bit. And I'll talk
5	about that briefly. And 13.6 percent for the HMO. So
6	that was our starting point.
7	As Todd mentioned, we did have a version of
8	post-1332 filed in Surf that was -22.3 for the HMO and
9	a +17.7 for PPO. We continued to work with MIA and
10	Lewis & Ellis as well as internally. And on Friday,
11	just as recently as this Friday, we updated our filing
12	with modified assumptions in increases. And those
13	numbers are an HMO decrease of -15.8 percent. And for
14	PPO, instead of a +17.7, we filed a -11.1 percent.
15	We would note that we looked back 20 years.
16	This is the first time in 20 years that we have seen a
17	year over year decrease in individual rates for
18	CareFirst. Not just a decrease, but a double digit
19	decrease for all CareFirst individual members in this
20	market. And that is incredible. And that is the
21	fruit of all the work of getting this 1332 approved.
22	So I want to talk a little bit about how we

1	got from what Todd presented, which was the version we
2	had put in previously, to our current version. As we
3	talked about, the PPO is a relatively small market and
4	fairly unstable. We've talked here about the 94
5	percent as the selections spiral. Our goal was to try
6	to maximize the impact of 1332 for all CareFirst
7	members, including the very vulnerable PPO members,
8	who are paying enormous premiums.
9	As Todd said, a lot of people buy the PPO
10	because they value the out-of-network benefit. And
11	that is true. We looked at the data and it's actually
12	under 10 percent of the members used the
13	out-of-network option. That may be the members that
14	Todd referred to. And we believe that they are buying
15	it and that's good value to them.
16	We also looked at members and our
17	preliminary analysis to see well, who is actually
18	using either the out-of-network or the expanded PPO
19	network?
20	To give you context, we have an HMO and we
21	have the PPO, and we set aside the out-of-network,
22	which I said is less than 10 percent. For the

1	remaining 90, the difference between the HMO network,
2	there are 93 percent overlap there. So 93 percent of
3	the docs in the PPO network are in the HMO network.
4	Now, keep in mind that's doctors, all the hospitals,
5	ambulatory surgery centers, ER, those are all exactly
б	the same.

7 So what we wanted to walk out with, are 8 there PPO members who are buying the PPO, but all 9 their care, they could have had the HMO and had all the same doctors. Now, keep in mind what that would 10 11 mean for somebody. Given the numbers we're talking 12 about today, if there was a PPO member, CareFirst PPO member who all their care was provided in the HMO, and 13 14 that will be their decision, their rate can be cut in half in 2019 and their care would be unaffected. 15 So 16 we see that as we try to maximize the value to all our 17 members, we want to leverage that.

18 So last week, it was announced internally 19 at CareFirst that we would start an initiative to 20 reach out an education campaign, to reach out to those 21 PPO members who we believe are getting their care 22 solely within that 93 percent overlap of HMO and with

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1	great value of reviewing their doctors, this would be
2	their choice. It's an education campaign. But would
3	be able to cut their rate in half if they those the
4	HMO.
5	Now, think about that. We estimate in our
6	pricing on that, what we submitted, that we would hope
7	that a quarter of those members would benefit in such
8	a way. That is probably the biggest driver that you
9	see on the HMO between the -22 and the -15.8 .
10	Those members move over. Their experience
11	gets blended. You're talking about 3,000 members
12	blending their experience with a 109,000 HMO members
13	Let me tell you why that's good. You may sell, why do
14	you want to cut your premium in half if you're paying
15	the exact same claims? Here's the key point. We're
16	trying to stabilize this market. The PPO is a very,
17	very unstabilizing factor. As you saw, Todd mentioned
18	an enormous amount of risk adjustment dollars go from
19	Kaiser and the Blue Choice HMO to the PPO. So those
20	HMO members are paying for that PPO and risk
21	adjustment.
22	But the volatility there is enormous. As

1	Todd mentioned, the estimates between actuaries was, I
2	think, anywhere from 59 million to 159 million. What
3	that means is it's a huge unknown, and when you have
4	unknowns, it increases volatility.
5	What we would prefer is to find PPO members
6	who would have no interruption in care by cutting
7	their rate in half and adding themselves to the HMO
8	pool. That stabilizes the market.
9	So last week, as I said, we announced that
10	initiative and the updated filings that we submitted
11	on Friday reflect that. The HMO decreased. Did come
12	up a bit from -22 to -15.8. That's still a
13	significant decrease to those HMO members of -15.8
14	percent. And as I said, through risk adjustment, they
15	would be impacted by the PPO.
16	But let's move to PPO. We went back. Now
17	that we have that stabilizing factor, we went back and
18	said okay, let's look at our reinsurance assumptions
19	for PPO and realize this. The range of reasonable
20	assumptions is this one, because there was so much
21	uncertainty. And what we were able to do is given the
22	fact that we are taking this action to stabilize the

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1	market, we have a higher risk tolerance. And we
2	changed this is the primary driver. We changed the
3	amount of what we expected the reinsurance recovery
4	would be and we used a number close to weigh this
5	number. That, by itself, moved us most of the way
6	from +17.7 down to -11.
7	So at the end of the day with those
8	assumptions and updated filing, we are at a place
9	where every CareFirst member, both PPO and HMO, will
10	receive a double digit decrease in 2019 to their
11	current rate.
12	So let me pause there again to say how
13	excited we are that this worked, that the 1332 was
14	approved, and that we a real opportunity now to
15	stabilize the Maryland individual market.
16	COMMISSIONER REDMER: I'm curious about the
17	claims experience for those 93 percent that are seeing
18	PPO doctors anyway as opposed to the other 7 percent.
19	MR. BERRY: Yes. That's a great point. I
20	meant to mention that.
21	So we had to make some assumptions on that.
22	And when we looked at the data, if you look at the

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1	normalized claims, which is what we used, PPO members,
2	on average, are three times as sick as HMO members,
3	and that would include those members who were just in
4	the 93. This is about how sick they are. As I said,
5	at least 75 percent of the PPO members don't use the
6	other 7 percent of the PPO network or out-of-network.
7	So they're already using the HMO doctor. That's why
8	it impacts. We're moving over those 3,000 people to
9	the HMO who are three times sicker.
10	MR. SWITZER: Thanks. So with the move,
11	potential move of about 3300, 3200 members, the 25
12	percent of the 13,000 currently there, you'd expect
13	some reduction in claims due to the lower
14	reimbursements to the providers; true?
15	MR. BERRY: I think for the most part,
16	because we're an all-pair (phonetic) state, you're not
17	going to see that on the hospital side. I think there
18	could be a certain impact on the provider side, but
19	again, I would go over the details in those contracts.
20	MR. SWITZER: Sure. Would you expect a
21	little lower administrative cost under the HMO? Just
22	given the current disparity we know a portion are

1	percent premium-driven, but a lot are fixed.
2	MR. BERRY: That's a possibility. Again,
3	these detailed questions we would have to get, you
4	know, back with the team. I'm not sure that will be a
5	material amount, but it's possible.
6	MR. SWITZER: Okay. So just I believe as
7	we have been working with this on the assumptions over
8	the last few days which, again, we appreciate. So the
9	PPO, I got that from 8.5 to 8.0. The HMO trend holds,
10	CareFirst holds at 9.5. I know you provided your
11	reasoning. And risk adjustment, the CareFirst HMO and
12	PPO relationships to the state, you have CareFirst
13	about 13 percent higher; correct?
14	MR. BERRY: Yeah.
15	MR. SWITZER: And I believe we were a
16	little higher than that.
17	MR. BERRY: You are right.
18	MR. SWITZER: But it's details that we can
19	Okay. I appreciate that.
20	MR. BERRY: And just a little context. You
21	know, at the starting point, when we talked about this
22	pre-1332, as I mentioned, we were at 94 and 18, and

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1	there were a lot of differences as the actuarial teams
2	began to look at this next. Completely expected.
3	You know, two competent actuaries can look
4	at the same numbers it's an art, not a science
5	and come back with reasonable assumptions. We have
6	been able to get feedback from Lewis & Ellis and from
7	MIA. And on things on morbidity, some of them on
8	trend PPO, risk adjustment we've taken into
9	consideration, and we modified the majority of our
10	positions based off that feedback. And I think there
11	might be one or two areas, as Todd mentioned, where
12	there still might be discussions. But we feel very
13	good about that interaction in the incorporation of
14	their feedback it incorporates.
15	MR. MORROW: Other questions?
16	MR. BERRY: Not for me.
17	MR. PIENINCK: If I might?
18	MR. MORROW: Sure.
19	MR. PIENINCK: Brian Pieninck, President
20	and CEO of CareFirst BlueCross BlueShield.
21	The meeting started out today, I think, in
22	a compelling way, talking about this incredible

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1	reprieve that we've been granted, and I think granted
2	could be an overstatement. It was an outstanding
3	effort in large part to the many people in this room
4	and certainly led by the Commissioner and the work of
5	the Commissioner's team in many respects. \setminus
6	As I listened to Mr. Switzer talk about our
7	responsibility here in totality, we share your
8	concern. And I think about that HMO participant who
9	would have asked and gladly received a 5 percent
10	increase. I think also to the PPO participants that
11	are paying close to 40 percent, in excess of 40
12	percent, 50 percent more than those HMO participants
13	and the kind of relief that they need and deserve.
14	The opportunity here, as we look at our
15	filings, we have solved for the same composite
16	decrease, an unprecedented composite decrease, and
17	we've arrived at this point having taken hundreds of
18	millions in losses and we would seek not to squander
19	this opportunity that we have.
20	The investment that we are making is an
21	investment in stabilization. It's also an investment
22	in doing the right thing for those who can least

1	afford it, and that population for us the individual
2	PPO population.
3	The opportunity for us to deliver
4	unprecedented decreases not just in the HMO population
5	but to the PPO population who suffers to a far greater
6	extent is one we cannot pass on as a not-for-profit
7	mission-driven company.
8	We would seek the MIA's support for this
9	equation. We would seek for your support to take
10	advantage of this reprieve that we have gained over
11	the next 24 months with a 1332 waiver and the
12	reinsurance program, and we would seek your support to
13	help stabilize this market to create true
14	affordability, not just for the HMO participants, but
15	for the PPO participants statewide. And we thank you
16	for your continued efforts.
17	COMMISSIONER REDMER: Any questions for
18	Brian?
19	MR. BROBAN: No.
20	MR. SWITZER: Appreciate that again. I
21	just add that we hope that the way they estimated it
22	with lower rates, that we would attract a 1 percent

1	better morbidity. We really don't want we want to
2	think long term and not short term and make sure that
3	within 2020 at the same time.
4	So we hope that that 1 percent, obviously
5	like you do, turns out to be a bigger negative number.
6	To echo what you said, we agree it's a critical year,
7	2019, and maybe a pivotal year, and working with you
8	and Kaiser, we want to make our best effort to get the
9	best impact of the 1332 I think consistently so.
10	COMMISSIONER REDMER: All right. Very
11	good. Thank you, gentlemen, I appreciate it.
12	We will now move to testimony from
13	interested parties. And we will kick off with Beth
14	Sammis, representing Consumer Health First. Good
15	morning, Beth.
16	MS. SAMMIS: Good morning, Mr.
17	Commissioner. It's a little bit odd. Well, I would
18	say that the winds have been taken out of my sails.
19	So before discussing the I'm speechless,
20	which is rare for me.
21	COMMISSIONER REDMER: It's a good thing the
22	press is here, so we can document this.

1	MS. SAMMIS: The first time I've been
2	looking at health insurance since 1985 I'm speechless
3	in a very good way.
4	So I would like to applaud, Commissioner
5	Redmer, your efforts. I know that you were
6	instrumental in pushing through the 1332 waiver with
7	the Maryland General Assembly and to Michelle Eberle
8	and your staff, particularly Todd Switzer, of working
9	so closely together to get this through.
10	And I must say that I have been looking at
11	all of the rate filings. You know, for those of you
12	who are in the industry, you have I don't know if
13	this is true for the other carriers, but I know that
14	at least the carrier who has an open rate filing and
15	the insurance commissioner's staff do a back-and-forth
16	through Surf. For us as consumers, we don't have
17	access to that back-and-forth until the file is
18	closed. And so we are dependent upon the MIA'S
19	website to look at the most up-to-date filings.
20	So I am so nerdy that I actually looked at
21	the filings starting Wednesday afternoon through the
22	courses that I teach on Thursday to come up with a

1	statement on Friday. And I have to admit, I did not
2	check the MIA website, so I don't know if the new
3	rates have been They're not up. Right. So at
4	least I don't have to feel guilty that I missed.
5	I was preparing and have been making
6	statements publicly based on information I should have
7	had. So I'll feel a little less guilty about that,
8	but on behalf of all consumers, I would be remiss not
9	to thank CareFirst for really putting pen to paper and
10	going much further, and I have lots of ways for you to
11	do that, but and I'll wait to save it until I
12	actually see the filings and I'll send you a note.
13	So obviously, this is a good day for
14	consumers, and I think one of the most important
15	lessons coming out of this for those of us who are on
16	the consumer advocacy side. I am as well as I would
17	think for other stakeholders like insurance producers,
18	insurance carriers, and government officials, is
19	really to try to get the word out that it's more
20	important than ever for consumers to shop, that no
21	one should be looking just at what they had previously
22	and assume that that's what they should keep for the

1	following year.			
2	And as our president has said, health care			
3	is complicated and it gets dizzying. I actually went			
4	through the previously, or what's publicly available			
5	to calculate the 40-year-old premium for every Bronze,			
6	Silver, Gold and Platinum plan for the post-2019			
7	versus 2018 which, of course, no longer makes any			
8	sense. But it gets dizzying and it's very, very hard.			
9	I tried to explain these things to my husband and			
10	finds my conversations at the dinner table pretty			
11	boring.			
10				
12	So I know that that's how other consumers			
13	So I know that that's how other consumers feel as well, and this year more than any other year,			
13	feel as well, and this year more than any other year,			
13 14	feel as well, and this year more than any other year, I think we really need to encourage consumers to try			
13 14 15	feel as well, and this year more than any other year, I think we really need to encourage consumers to try to sit through the complication and really figure out			

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HMO members and the PPO members, and who was using

because of us, but I'm going to take credit, that you

looked at the questions that we had asked the MIA to

pose to you about the PPO, the difference between the

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1	what network and how many were going out of network.
2	And I'm glad to see that that actually brought fruit
3	to bringing down the rates.

I think it's pretty clear that all of the consumers will greatly benefit as a result of your actions, and so I would thank you and I hope that you'll continue on with us.

8 To answer the other questions that we posed 9 at the previous rate hearing, and I'm certain that 10 Todd only picked those that made sense to him, but I 11 will take his word that the ones that were posed to 12 you were, in fact, the most important and I would 13 again ask the MIA in the decision documents because 14 while I know it's on Surf, having gone through the 15 Surf filings last year in February and March when it 16 was closed and then if we could look at it, it is 17 very, very difficult to actually go through and find 18 out where the questions were asked and answered. 19 And so for those questions that we asked in 20 the previous rate hearings that you actually sought

22 abbreviated version of the answer in the final rate

21

answers for, I'm hoping that you will give us the

1	review documents.
2	And so the one thing that I noticed when I
3	looked at the previous rate filings is that the factor
4	that CareFirst and Kaiser used for the reinsurance
5	program did differ. So, obviously, I don't know what
6	it is now. It's got to be materially different. But
7	as of Wednesday, CareFirst was using a factor of 0.65
8	for its HMO plan, 0.76 for its PPO plans, and Kaiser
9	was assuming a higher factor or 0.78.
10	So now that CareFirst has done a lot more
11	work on their own plan, I'm hoping that you will go
12	back to Kaiser and see to what extent they as well can
13	bring down their factor for the reinsurance program to
14	the benefit of consumers.
15	And, of course, I don't know what you used
16	for a medical loss ratio. Kaiser has been assuming an
17	89 percent loss ratio for next year and, of course,
18	the extent to which we can get over time all carriers
19	to use a similar loss ratio would be terrific, I
20	think, in the long run.
21	Well, so clearly, this is a great day and
22	one that we all need to work ahead to try to bring

more stability to the Individual Market. I am very heartened by CareFirst. Again, I can't reiterate that enough. But I think we would be remiss if we didn't also note on a day of, you know, which we should joyfully rejoice, is that this is a temporary program, and we don't know how long that this will be in place, and we need to look ahead at what more can be done.

And I think it is time -- Consumer Health First believes it is time for the state to pass a state individual mandate. Clearly, that is not going to have anything along the material lines that a state reinsurance program has had, but it will encourage consumers to stay in the market who are not eligible for the employment market.

15 I don't know to what extent we're ever 16 going to see a stable market because I think we have 17 to expect, particularly with unemployment rates being 18 so low in our state, we have to expect a certain 19 amount of churn between the individual market and the 20 employer market as people come and go from one to 21 another. But at least with an individual mandate, if 2.2 we have that in place, we're more likely to keep

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1	people in the market as they are moving from job to
2	job.
3	So we would urge the Maryland Insurance
4	Administration, the Maryland Health Benefits Exchange,
5	and the General Assembly to work closely to make a
6	statement, the individual mandate a reality next year.
7	We also think another more long term
8	strategy needs to be looked at, one which is a public
9	option using the state Medicaid program to try to
10	bring more choice and lower premiums to individuals.
11	There are 13 counties that are only served by
12	CareFirst, and that's a good thing. But, obviously,
13	consumers will benefit if they have more choices and
14	if they have more lower cost choices available to
15	them.
16	So again, I'll just sum up by saying
17	although I was speechless, I did manage to put a few
18	coordinates together, and thank you. I guess I should
19	also remind CareFirst that I'm glad to see that they
20	are dedicated to the individual market, that they have
21	put this into their hearts and souls because it's also
22	required of them in the statute. And so, I'm glad to

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1	see that they are taking that statutory mission very
2	seriously and we are very heartened by that.
3	So on that, I will close and simply say
4	again this just reiterates how important it is to have
5	a thorough rate review process, and I think it's clear
6	under your four years that you have taken that very,
7	very seriously, and I thank you for that. And this is
8	a year, again, in which all of us need to join
9	together to make sure that consumers shop and are not
10	befuddled by the complexity of insurance. Thank you
11	very much.
12	COMMISSIONER REDMER: Any questions for
13	Beth? All right. Thank you, Beth, and, you know,
14	Beth is a professional. She's got the ability to go
15	transition from a bill hearing I'm sorry, from a
16	public hearing to a bill hearing. So we had two bills
17	in for 2019.
18	MS. GRASON: I printed them out.
19	COMMISSIONER REDMER: And I suspect we're
20	going to continue a bill hearing with Stephanie
21	Klapper, Maryland Citizens Health Initiative.
22	MS. KLAPPER: Thank you very much for

1	having us here today, Commissioner Redmer, and for
2	this opportunity to comment. I'm from Maryland
3	Citizens Health Initiative, and we oversee the
4	Maryland Health Care Collision, which is comprised of
5	hundreds of big business, community health
6	organizations all across the state working towards
7	quality and affordable health care for all
8	Marylanders. And we'd like to commend the Maryland
9	General Assembly and Governor Hogan for working
10	together to create this reinsurance program and to
11	prevent rates of individual market from skyrocketing.
12	We'd also like to commend Maryland
13	Insurance Administration and the Maryland Health
14	Benefit Exchange for working very hard and
15	congratulate all of Maryland for the approval of the
16	1332 waiver.
17	And finally, we'd like to commend the two
18	carriers in the individual market, CareFirst and
19	Kaiser Permanente, for significantly reducing the
20	rates that it is requesting for an individual market
21	for this upcoming year.
22	And reinsurance is a very important part of

1	the short term exclusion for stabilizing the market,
2	but as you heard earlier today, we need more long term
3	solutions as well. The individual mandate is going to
4	stop being enforced by the federal government starting
5	in 2020, and we need to do something about that here
6	in Maryland. And what we propose is creating a health
7	insurance down payment plan. And the way it would
8	work is if you are the consumer, at tax time you would
9	be asked "Did you have health coverage for the past
10	year?" And if you say yes, then that's great. That's
11	the end of the story for you. But if you say no, then
12	you'd be given the option to either pay a fee to the
13	state or, instead, use that money to purchase quality
14	health coverage.
15	Now, we estimate that there are at least
16	60,000 Marylanders who would be able to purchase
17	coverage for no more than the cost of the fee plus the
18	federal subsidies that they are already qualified,
19	bringing many more Marylanders into the individual
20	market, getting more Marylanders covered and hoping to
21	stabilize premiums.
22	At the same time, we know that high drug

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1	costs are playing an increasing role in premium costs.
2	Chet Burrell, the former CEO of CareFirst BlueCross
3	BlueShield, said that in 2017, 33 percent of spending
4	at CareFirst was due to prescription drug costs.
5	And so to that end, we also propose
6	creating a prescription drug affordability board, and
7	its role would be to reign in these very high
8	skyrocketing drug costs for Marylanders.
9	So thank you again for this opportunity to
10	comment and for using the reinsurance program to
11	stabilize the individual market.
12	COMMISSIONER REDMER: Thank you, Stephanie.
13	Any questions for Stephanie?
14	(No response)
15	COMMISSIONER REDMER: All right. Thank
16	you. That is it regarding folks that have signed up
17	to speak. We'll take another ask. Anybody interested
18	in saying something?
19	MR. SWITZER: Just quickly, if you'll
20	indulge me. I thought it might be bad form to
21	thank my own team, but I thought Brad Boban was too
22	integral. He's the opposite of a clock puncher. He
1	

1	really cares about how it affects people.
2	So thank you, Brad. It needed to be said
3	because he really behind the scenes acted in this and
4	he's also brilliant. So thank you, Brad.
5	MR. BROBAN: Thank you, Todd.
6	COMMISSIONER REDMER: Anybody on the phone
7	with questions, comments? Any questions or comments?
8	Folks on the phone?
9	All right. I do want to thank and
10	acknowledge Michelle Eberle, Executive Director of the
11	Health Benefit Exchange, and J.P. Cardenas. Did I
12	pronounce that right?
13	MR. CARDENAS: Yes.
14	COMMISSIONER REDMER: All right. Who is
15	the policy director. I'm not going to introduce
16	everybody from the MIA, but Tracy Imm, our
17	communications director, that does a terrific job with
18	the messaging of all of this. And finally, Joe
19	Fitzpatrick. Joe is our point person for everything
20	ACA.
21	Once again, thank all of you for being
22	here, all of your work throughout this entire process.

1	Todd, Brad, our actuarial team, will complete their
2	work and continue to chat with the carriers and,
3	hopefully, will have final approved rates in the next
4	couple of days. Thank you very much.
5	(Hearing concluded at 11:05 a.m.)
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1	STATE OF MARYLAND)
2	COUNTY OF HARFORD)
3	
4	I, Linda Bahur, a Notary Public of the State
5	of Maryland, do hereby certify that the
6	above-captioned proceeding took place before me at the
7	time and place herein set out.
8	I further certify that the proceeding was
9	recorded stenographically by me and this transcript is
10	a true record of the proceedings.
11	I further certify that I am not of counsel to
12	any of the parties, nor an employee of counsel, nor
13	related to any of the parties, nor in any way
14	interested in the outcome of this action.
15	
16	
17	Linda Brhur
18	Linda M. Bahur
19	My commission expires 8/27/2019
20	
21	
22	Dated: September 25, 2018

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